

Money Worries?

Lots of families experience financial difficulties. It is normal to feel stressed and scared about not having enough to go around, but don't suffer in silence! The services below speak to people in your situation everyday and are here to help. For more information and support accessing referral-based services, come along to drop in on Tuesdays from 8:30 - 9:30 in The Nest or email Ruth, our family support worker, at ruth.strahan@coopacademies.co.uk.

Help with debt/money

StepChange
Debt Charity



0800 138 1111



stepchange.org



The Merrion Centre,
123 Albion Street,
Leeds, LS2 8ER



0808 278 7878



citizensadvice.org.uk



Citizens Advice have
appointments available
at The Compton Centre
every Tuesday morning



0113 235 0276



moneybuddies.org.uk



Money Buddies are at
The Compton Centre
every Friday morning

Help With Bills



0113 240 6009



care-repair-leeds.org.uk



Care & Repair, 323
Roundhay Road, Leeds
LS8 4HT



0113 238 0601



<https://www.groundwork.org.uk/projects/green-doctor/>



Environmental &
Business Centre,
Merlyn-Rees Ave,
Morley, Leeds LS27 9

Local Welfare
Support Scheme -
Crisis Payment.



0800 953 2303



<https://www.leeds.gov.uk/benefits/local-welfare-support-scheme>



This is a one-off payment
from the council for people
in receipt of benefits who
can prove they are in crisis
and cannot afford fuel, food
or other household
essentials.

Help With Food



St Vincent's Centre



0113 248 4126



svp.org.uk/stvincentsleeds/emergencysupport



St Vincent's Centre,
4 Berking Avenue,
Leeds, LS9 9LF

Call for a same day food parcel in an emergency, or visit the centre or website for further support and advice.



Food On Our Doorstep



07816086711 – Karen
07929752937 - Suzanne
07929752936 - Natalie
07816086715 - Kaldip



Familyaction.org.uk
leedsfoodclubs@family-action.org.uk



Zarach @ The Bridge
Community Church
Rider Street, Leeds,
LS9 7BQ

Call or email to join the food club for £1 a year, and after that go along each week to buy a full bag of groceries for just £3.50



<https://foodcycle.org.uk/location/foodcycle-leeds-harehills/>



St Aidan's Church,
Roundhay Road,
Leeds, LS8 5QD

Free meal, every Thursday at St Aidan's Church at 6:30. No need to book ahead.



nerukassoulfood.co.uk



Church of Jesus
Christ Apostolic, 50
Gledhow Road,
Harehills, Leeds, LS8
5ES

Free meal and food parcel, every Wednesday from 12:00-14:00 and Friday from 10:00 - 12:00.



surplus2purpose.com/retail



The Burton Business
Park, Torre Road,
Leeds, LS9 7DN

Open on Thursday, Friday and Saturday from 10:00 - 14:00, buy a box of good quality groceries for £10.



Families living in Gipton can access the Community Fridge for a free food parcel at Co-op Academy Oakwood every Thursday from 13:00 - 14:30



Co-op Academy
Oakwood, North
Farm Road, Leeds,
LS8 3LZ



Free child's meal at Morrisons Cafe with any adult meal £4.49 and over.