

What's On in Harehills? Christmas Holidays 2023

Food
Parcels and
Free Meals



- St Aidan's Harehills FoodShare - LS8 5QD. Every Saturday from 10:30am - 12noon. Bring a reusable bag to fill with free groceries.
- Space2 People's Pantry at Gipton Old Fire Station - LS9 6NL. Thursday 21st December - £1 for 3 items, buy what you need.
- Olio - Download the Olio app to access food/household items people are giving away.
- 2Good2Go - Download the 2Good2Go app as an alternative to takeout, to get a timeslot to collect bags of food that would otherwise be wasted by local stores and restaurants.
- St Vincent's Emergency Support - Call 0113 248 4126 to access a same day emergency food parcel, as well as support with other issues if you need it.



Free
Activities
and Events

- Harehills Park Bowling Club Santa's Grotto - Coldcotes Ave, LS9 6ND - Saturday 23rd December. The event is free but ticketed - book online at <https://www.eventbrite.co.uk/e/harehills-park-bowling-club-christmas-grotto-meet-santa-and-play-bowls-tickets-759053889617>
- Elf Trail - Leeds City Museum, LS2 8BH - On until 7th January. This is a bit of a journey, but is otherwise free and will keep the kids busy all day! Catch the Number 49 or 13 Bus to the museum to take part in the hunt for a runaway elf.
- Christmas at Thackray: Crumbs and Crafts - Thackray Museum of Medicine, Beckett Street, LS9 7LN - Wednesday 27th December to Sunday 7th January. If you already have an entry ticket to Thackray this year, the event is free. Otherwise it comes with the price of entry to the museum. (Free for Harehills residents on Mondays - book online.)



Mental
Health
Support

When times are tough, the Holidays can be a very stressful time, and it is normal to feel under pressure or overwhelmed. Contact these organisations if you are struggling and need to talk:

- Samaritans - Whatever you're going through, Samaritans will offer a non-judgemental listening ear. Call 116 123 for free, or visit their website for other ways to contact them.
- Mindwell Leeds - For online mental health advice and a variety of other helplines, visit mindwell-leeds.org.uk
- Leeds Domestic Violence Service Helpline - If you are worried about how a partner or family member is treating you, call 0113 2460401 for advice and support.
- Night OWLS - Helpline for young people, parents and carers in Leeds. Everyday 8pm-8am. 0800 1488244