









# Spring Summer 24 – Week One

15 Apr, 6 May, 27 May, 17 June, 8 July, 29 July, 19 August, 9 Sept, 30 Sept, 21 Oct



WEEK ONE	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Main Meal Option 1 (&amp; Halal Equivalent)</b>	Wholemeal Cheese & Tomato Pizza served with Wholemeal Garlic Bread 	All Day Halal Chicken Sausage Breakfast served with Baked Omelette, Country Diced Potatoes & Baked Beans or Sweetcorn	Chicken Pie & Mashed Potatoes or Halal Chicken Pie with Mashed Potatoes	Chicken, Sweet Potato, Spinach & Chick Pea Korma (Ve) Served with Mixed Rice 	Friday Fish Fingers served with Chips & Tomato Ketchup
<b>Vegetarian Main Meal</b>	Creamy Vegetable Penne Pasta Carbonara 	Chinese Style Sweet & Sour Vegetables & Noodles (Ve) 	Baked Bean & Cheese Panini with Homemade Skin On Baked Potato Wedges 	Cauliflower Cheese & Pasta Bake 	Cheese Flan or Quiche Served with Chips & Tomato Ketchup
<b>Sandwiches Grab &amp; Go</b>	Cheese or Tuna Sandwich	Cheese or Tuna Sandwich	Cheese or Tuna Sandwich	Cheese or Tuna Sandwich	Cheese or Tuna Sandwich
<b>Jacket Potato</b>	Jacket potato with Cheese, beans or Tuna	Jacket potato with Cheese, beans or Tuna	Jacket potato with Cheese, beans or Tuna	Jacket potato with Cheese, beans or Tuna	Jacket potato with Cheese, beans or Tuna
<b>Vegetables</b>	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad
<b>Dessert</b>	Marble Sponge & Custard	Chocolate Shortbread Biscuits (Ve)& Fruit Slices 	Iced Banana Traybake	Oat & Raisin Cookie (Ve) & Fresh Watermelon Slice 	Chocolate Ice Cream

**Available Daily:** Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish










**Our desserts meet Public Health England's target for 'free sugar' intake for your child.**

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.

# Spring Summer 24 – Week Two

22 Apr, 13 May, 3 June, 24 June, 15 July, 5 Aug, 26 Aug, 16 Sept, 7 Oct



WEEK TWO	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option 1 (& Halal Equivalent where Required)	Wholemeal Cheese & Tomato Pizza served with Wedges	Summer Hot Dog Baguette or Summer Halal Hot Dog Baguette served with Freshly Made Coleslaw Salad 	Halal Roast Chicken served with Skin on Roast Potatoes & Yorkshire Puddings & Gravy	Beef Bolognese/ Halal Beef Bolognese & Penne Pasta 	Friday Fish Fingers served with Chips & Tomato Ketchup
Vegetarian Main Meal	Vegetable Enchiladas Ve Served with a portion of Sunny Vegetable Rice 	Summer Veggie Sausage Hot Dog Baguette (Ve) Served with Freshly Made Coleslaw Salad 	Home Baked Vegetarian Lasagne 	Macaroni Cheese served with Garlic Bread	Cheese & Onion Puff Pastry Roll Served with Chips & Tomato Ketchup
Sandwiches Grab & Go	Cheese or Tuna Sandwich	Cheese or Tuna Sandwich	Cheese or Tuna Sandwich	Cheese or Tuna Sandwich	Cheese or Tuna Sandwich
Jacket Potato	Jacket potato with Cheese, beans or Tuna	Jacket potato with Cheese, beans or Tuna	Jacket potato with Cheese, beans or Tuna	Jacket potato with Cheese, beans or Tuna	Jacket potato with Cheese, beans or Tuna
Vegetables	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad
Dessert	Ginger & Mandarin Traybake 	Strawberry Jelly (Ve)	Freshly Baked Chocolate Cookie (Ve)	Flapjack Finger (Ve) With a fresh slice of Watermelon 	Homemade Shortbread Biscuits (Ve)

**Available Daily:** Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish









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# Spring Summer 24 – Week Three

29 Apr, 20 May, 10 June, 1 July, 22 July, 12 Aug, 2 Sept, 23 Sept, 14 Oct



WEEK THREE	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option 1 (& Halal Equivalent where Required)	Wholemeal Cheese & Tomato Pizza served with Wholemeal Garlic Bread 	Farm Assured Pork Sausage Roll or Homemade Red Tractor Halal Chicken Sausage Roll with Homemade Skin on Baked Potato Wedges	Gently Spiced Moroccan Chicken/ Halal Chicken Tagine served with Rice 	Korean Style Sticky BBQ Chicken/ Halal Chicken & Vegetables served with Noodles 	Friday Fish Fingers served with Chips & Tomato Ketchup
Vegetarian Main Meal Option	Macaroni Cheese served with Garlic Bread	Cheese & Onion Puff Pastry Roll served with Homemade Skin on Baked Potato Wedges	Savoury Vegetable Mince & Gravy served with a Yorkshire Pudding & Skin on Roast Potatoes 	Cheese and Tomato Melt Served with Skin on Baked Potato Wedges	Homemade Cheese & Tomato Pizza Whirl & Chips
Sandwiches Grab & Go	Cheese or Tuna Sandwich	Cheese or Tuna Sandwich	Cheese or Tuna Sandwich	Cheese or Tuna Sandwich	Cheese or Tuna Sandwich
Jacket Potato	Jacket potato with Cheese, beans or Tuna	Jacket potato with Cheese, beans or Tuna	Jacket potato with Cheese, beans or Tuna	Jacket potato with Cheese, beans or Tuna	Jacket potato with Cheese, beans or Tuna
Vegetables	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad
Dessert	Baked Apple Sponge served with Custard 	Tutti Frutti Jelly and Mandarins (Ve) 	Freshly Baked Vanilla Cookie (Ve)	Zesty Lemon & Blueberry Yoghurt Cake	Homemade Flapjack (Ve)

**Available Daily:** Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish



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